



BEYOND SURVIVAL™

WITH NATALIE HARRIS

From Desert to Well —
Where Growth Gathers.

THE DESERT

SURVIVAL

When life is hard, our focus narrows.
We do what we need to do to survive.



Clinical Care
Stabilization & safety



Peer Support
You're not alone



Practical Supports
Resources & next steps



Resilience
Getting through



Hope
One step at a time



From Desert to Well —
Where Growth Gathers.

THE JOURNEY

*From surviving
to discovering
what's next.*

THE WELL

REFLECTION & GROWTH

A place to pause, reflect and become curious
about what else might be possible.



Reflection
Understanding what matters now



Wisdom
Honouring what you've learned



Connection
People who get it



Curiosity
Exploring what's possible



Growth
A meaningful next chapter

WISDOM GATHERS HERE

WATCH | REFLECT | GATHER | RETURN
REAL CONVERSATIONS. MEANINGFUL REFLECTION. LASTING GROWTH.



BEYOND SURVIVAL™

WITH NATALIE HARRIS

From Desert to Well —
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Let's experience
BEYOND SURVIVAL



IDENTITY

RELATIONSHIPS

PURPOSE

CHANGE

GROWTH

Identifying
Beyond
The Role

Beyond Survival™

Where Growth Gathers

FOR INDIVIDUALS

PRACTICAL TOOLS. MEANINGFUL CONVERSATIONS. LASTING GROWTH.



SHORT VIDEO CONVERSATIONS

2–5 minute clips on real-life topics.
New content added regularly.



REFLECTION QUESTIONS

Guided questions to help you pause,
explore and apply what resonates.



WORKBOOK (COMING SOON)

A deeper companion to the videos,
with practical exercises and space for your thoughts.



MONTHLY WELL CONVERSATIONS

Live online conversations with guests,
lived experience and professional voices.



THE WELL ONLINE SPACE

A private, supportive community to connect,
share insights and continue the conversation.



STEWARD OF THE WELL

Opportunities to get more involved,
contribute and help grow this community.



BEYOND SURVIVAL™

Where Growth Gathers

FOR ORGANIZATIONS

COLLABORATION. CAPACITY. LASTING IMPACT.



BEYOND SURVIVAL ACCESS

Provide your clients, staff or members with access
to the full Beyond Survival platform.



FACILITATED WORKSHOPS

In-person or online workshops tailored to your team
or program.



TRANSITIONAL STEWARDS

A cohort-based program for your clients or staff,
with quarterly topics, guided discussion and
community support.



LICENSING OPPORTUNITIES

Bring Beyond Survival to your organization,
region or network.



RESEARCH & OUTCOMES

Collaborate on research, pilot projects and evaluation
to measure impact and inform best practices.



EXPANSION & COLLABORATION

Let's explore how we can work together to meet
emerging needs and create meaningful, sustainable
change.



*Explore Beyond Survival
& my resources.*



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LEARN

| REFLECT

| CONNECT

| GROW

WHERE GROWTH GATHERS.