

Kingston Respect Forum: 17 April 2024



Mieux ensemble
Better Together



CIMVHR | ICRSMV
CANADIAN INSTITUTE FOR MILITARY
AND VETERAN HEALTH RESEARCH



Lead Facilitator: Gord Hagar, with: Martin Cartier; Terry Garand; and Terry Telford aka “Outreach”

Welcome to Respect Forum (RF) Kingston

1217 April 2024!

*Thanks to the City of Kingston and
the Isabel Turner Branch of the KFPL!!*

- **Who we are here in Kingston:**

- Gord Hagar, now a Class A Reservist; former Sustainer (Logistics);
- CWO (retired) Martin Cartier*, Logistics
- CWO (retired) Terry Garand*, R22eR (Infantry)

- **National Program Director, and Ontario Coordinator:**

- Lieutenant Colonel (retired) James Ostler (Armour); and
- Lieutenant Colonel (retired) Steve Nolan (Infantry)



We the wisened Elders in the yellow oval lead the way!

Agenda, 17 April 24: Isabel Turner Branch of KFPL

9:00 – Cataraqi Room doors open,
networking (coffee available)

9:15 - Start, agenda, Intro RF team and
hosts

9:30 – Guest speaker: “Operational
Stress Injuries (OSI)”, Paul Hook, CIMVHR

10:00 - Update from VAC CHNA

10:15 – Update from H4HF Village rep,
Travis Cellini

10:25 – Update from City “Housing &
Homelessness”, Amy Gibson

10:30 - Coffee & cocoa: Words from Steve
Nolan, ON Coord (TBC)

11:00 – Keynote speaker: “Tackling OSI” Ryan
Collyer, Beyond Operational Stress via Zoom

11:20 –11:45 – Round-table of “Who’s Who to
Contribute to 2024+”

11:45 Summary remarks by Steve (TBC)

11:50 – Concluding remarks by Gord Hagar and
see you at Fall 2024!



German **rescue vehicles** and **provisions** donated to **Ukraine** this year

Housekeeping Points

- **Isabel Turner Branch of KFPL:**
 - ✓ Presentations in this Conference Room
 - ✓ No breakout sessions
 - ✓ Health – washrooms in entranceway, coffee break at rear of this Room
 - ✓ Safety – At alarm, rally out in west end of parking lot where I will take roll call
- **On Zoom - Virtual:**
 - ✓ Hybrid In-Person/Zoom Forum today
 - ✓ Please enter your name, organization, and e-address in Chat box
 - ✓ Terry is our Monitor tracking “Hands Up”, and Chat stream
 - You “Zoomlanders” are free from being one of the break-out teams....this time!
 - ✓ Everyone ok with being Recorded? If yes, Terry, please hit “Record”
- **All:**
 - ✓ Questions (open and during the presentations): please raise your hand/”hand”
 - Breakout sessions – no need to nominate a person to back-brief the Forum today

WIFI Info

- Primary address is: **KFP Library**
 - p/w not required
 - Accept conditions of use
- Alternate is ~~SmartRG 13b8~~:
 - ~~54e99a39a0(Zero)~~

Please minimize use of your e-device

Respect Forum (RF) Vision and Mission

Our Vision – To ensure that those who run to danger in service of their country and community have access to the support and care they need.

Our Mission – To promote collaboration and create focus through networking and knowledge sharing to help improve mental health services and reduce homelessness for men and women in uniformed service who run to danger.



Respect Forum (RF) Main Activities

- The organization, supported financially in part by Veterans Affairs Canada (VAC) and in collaboration with Canadian Forces Moral and Welfare Services, has a mandate to:
 - Run Respect Forum Meetings in 25 cities in Canada at least twice per year, bringing service providers together to promote knowledge exchange and collaboration.
 - Host specialized fora addressing issues specific to **Women** and **Indigenous populations** and **Homelessness**.
 - Provide a map of local resources through the RESPECTMap initiative to inform planning and policy at the local, regional, and national levels.
 - Promote collaboration through a **revised** website, newsletters and social media.

Today's Theme:



FORUM de
Respect
FORUM

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“Raising Awareness of Operational Stress”



Mindset: I am able to sit with my emotions and those of others in order to be more open for different perspectives and to the betterment of my community



Target Audience: **Organizations and Individuals Who Serve Veterans and Emergency Responders **and their Families****

CAF/RCMP Veterans

Emergency Response Personnel

- Peace officers:
 - Police officers, **CSC officers**, CBSA officers, etc.
 - Pleased to have OPP **and CSC** representatives here today
- Firefighters
- Rescue specialists
- EMS specialists
 - Paramedics, EMTs, 1st responders, 911 operators, etc.



Participants



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Respect Forum meetings bring together a wide variety of people:

- active military personnel and 1st responders
- health and social services
- all levels of government
- colleges & **universities**
- **community organizations**
- peer support organizations
- military veterans & first responders
- **private service providers**



We have some of those folks here today!



The Centre for Abuse and Trauma Therapy



Displays are encouraged!



The RESPECT Forum's desired outcomes

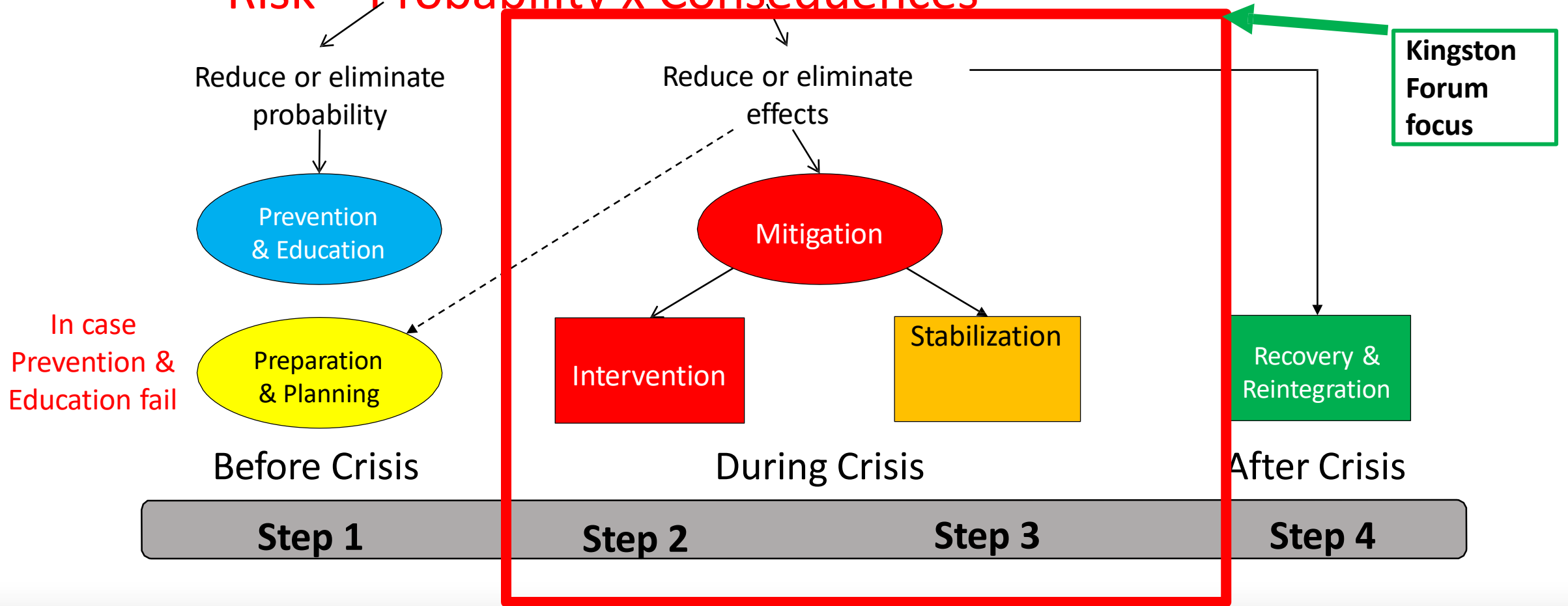


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- ✓ Improved awareness about various programs and overlaps between charities, NGOs and government programs.
- ✓ Create new networks that have enhanced collaboration among stakeholders, including the creation of reciprocal board representation.
- ✓ Map the stakeholders and the services offered within a community.

Phased Risk Management Model

Risk = Probability x Consequences



Update on the RESPECTMap



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- Our RESPECTMap is now live and available to all via links such as: [Search Results for “kingston” \(respectmap.ca\)](#)
- You can share it with everyone.
- Terry Telford (outreach@respectcanada.org) continues to make changes to the platform to enhance it.
- We have finished creating the local maps for each city for the Fall Forums.
- You can find all the maps here : [respectmap.ca](#)

RESPECTMap - English and French “how to” video

- At links below please find a video in English on how to use and register in RESPECTMap.
- If you have access to the internet, I invite you to use the Youtube video where you can activate the subtitles.
- **We happen to have the narrator here with us today!**
- FR: [under production!]
- EN: <https://www.youtube.com/watch?v=xaSJFi3kwqo>

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Presentation #1: How CIMVHR benefits the “Rush to Danger” community

Paul Hook, CEO CIMVHR



Update #1: VAC CHNA in 2024

Peggy Fry and Fall Forum Guest Speaker Elissa Morgan



Update #2: H4HFV Kingston

Travis Cellini, Veteran Service Manager



Health break

Please feel free to mingle amongst groups



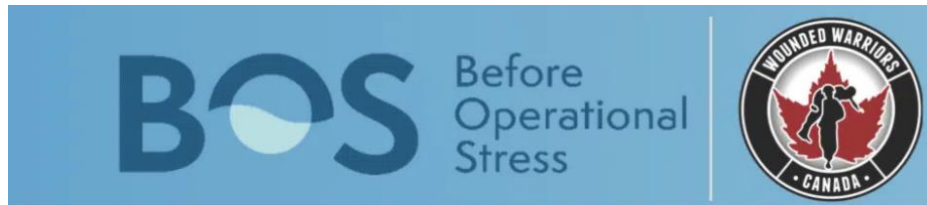
Health break's over, folks!

Please take your seats

Photo compliments of RCMP Pipes & Drums (Ottawa)

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Presentation #2: Beyond Operational Stress

Ryan Collyer

Concluding comments –
thank you all for attending in-person
or on Zoom!!

Gord Hagar

Today's Outcome

What do we need to have when we are done today?

The Three Hs:

- ✓ **Hands** – You will all have a copy of all the presentations and business card contacts.
- ✓ **Head** – You will all have a improved awareness of the services and organizations in the **Kingston area** and outwards. Where you fit, who can you help or who can help you. Follow on meetings
- ✓ **Heart** – You are not alone and there are many others with the same or similar challenges who you can help or receive help from.

Next Forum in **Fall 2024**

We will:

Feature agencies whose members have “run to danger” throughout their careers

Continue to find new participants

Promote your collaborations

Invite participants to present their organizations/Services

Tell us what would you like to see or hear at the next Forum!

Contact: Terry Telford, outreach@respectcanada.org

With your permission, this information will be captured and shared with you as part of the meeting report. Themes will be captured to promote collaboration in accordance with our Privacy Policy. Please communicate your permission for these activities.

Meeting notes and contact information

- Don't forget, if it's not already done, to integrate your organization into our mapping by answering the mapping questionnaire.
- To enable us to improve our future Forums, take a few minutes to respond to our satisfaction survey (the link will be sent to you by email).
- We will share with you all documents and presentations approved by the meeting participants, as well as the list of participants in today's meeting.

If you have concerns about confidentiality or sharing information (contact or otherwise), please inform Gord Hagar at Gordon@respectcanada.org