

# Mental Health and Addictions Program

Dan Saunders  
Clinical Manager, Mental Health and Addictions

## VISION

Together, Growing a Healthier Community

## MISSION

One Team – Two Sites: Serving Chatham & Rural Kent

## VALUES

CKHA CARES

(Collaboration, Accountability, Respect, Excellence, Safety)

80 GRAND AVE WEST, ZONE A, LEVEL 2

## INPATIENT PSYCHIATRY

- 21 bed acute care unit (ability to flex to 22 if needed)
- Designated by the Ministry of Health and Long Term Care as a “Schedule 1” psychiatric facility
- Ability to admit both voluntary patients and involuntary patients as defined by the Mental Health Act

## INPATIENT PSYCHIATRY

- Multidisciplinary team – Registered Nurses, Registered Practical Nurses, Psychiatrist, Nurse Practitioner, Social Worker, Psychosocial Rehabilitation Specialist, Personal Support Worker, Ward Clerk

# INPATIENT PSYCHIATRY

- Focus of admission is to treat acute symptoms in order to stabilize a patient's mental illness and initiate a treatment plan
- Goal is for the patient to then successfully transition into the community for ongoing treatment and support

# INPATIENT PSYCHIATRY

- Work closely with community partners to improve access to resources that individuals require in their recovery process
- Targeted average length of stay is 14-16 days
- Ability to refer to Hotel Dieu Grace Healthcare - Toldo Neuro-behavioural Program for longer term treatment and rehabilitation if required.

# INPATIENT PSYCHIATRY

- Contact info:  
80 Grand Ave. West  
Zone A, Level 2  
519-437-6107

80 GRAND AVE WEST

## CRISIS PROGRAM

### ■ Psychiatric Assessment Nurses

- Specialized mental health nurse provides assessments to both Chatham and Wallaceburg Emergency Departments
- Provide recommendations for disposition which may include admission to Inpatient Psychiatry or referral/connection with community resources



# CRISIS PROGRAM

- Mobile Crisis Team
  - Specialized mental health nurse partnered with a plain clothed police officer
  - Perform mental health assessments in the community for anyone experiencing a mental health crisis and has had contact with police
  
- Treatment Order Coordinator
  - Works with the psychiatrists to coordinate the completion of Community Treatment Orders
  - Facilitates the issuing of Form 47s in the event someone is not adhering to their Community Treatment Plan

# CRISIS PROGRAM

- Contact info:  
80 Grand Ave. West  
519-352-6400 x5746

# 80 GRAND AVE WEST, ZONE F, LEVEL 1

## RAPID ACCESS ADDICTION MEDICINE (RAAM)

- Walk-in clinic for anyone who is using substances and looking for support
- Staffed by Registered Nurse, Addictions Therapist, Chemical Dependency Worker, Psychiatrist, Nurse Practitioner and clerical
- Addiction medicine
- Addiction counselling

# RAPID ACCESS ADDICTION MEDICINE (RAAM)

- Referrals and connections to community services and residential treatment
- Harm reduction supplies and Naloxone kits

# RAPID ACCESS ADDICTION MEDICINE (RAAM)

- Contact info:  
80 Grand Ave. West  
Zone F, Level 1  
519-352-6400 x6740

80 GRAND AVE WEST, ZONE F, LEVEL 1

## WITHDRAWAL MANAGEMENT SERVICES

- 10 beds
- Staffed by Registered Practical Nurses, Chemical Dependency Workers and clerical
- Care managed by Psychiatrist and Nurse Practitioner
- Offer 24/7 monitoring, support and care

# WITHDRAWAL MANAGEMENT SERVICES

- Addictions medicine
- Addictions counselling
- Goal setting and treatment planning
- Referrals and connections to community services and residential treatment
- Harm reduction supplies and Naloxone kits

# WITHDRAWAL MANAGEMENT SERVICES

- Open to anyone age 16 and above who is looking to discontinue or reduce their substance use
- Not a medical detox
- Not a “drunk tank”



# WITHDRAWAL MANAGEMENT SERVICES

- Individuals can self-refer
- Admissions also come through ED and RAAM clinic.

# WITHDRAWAL MANAGEMENT SERVICES

- Contact info:  
80 Grand Ave. West  
Zone F, Level 1  
519-352-6400 x6740

240 GRAND AVE. WEST, SUITE 204

## OUTPATIENT MENTAL HEALTH AND ADDICTIONS

- Evidence based interventions to provide care to individuals experiencing varying degrees of mental health and addictions issues
- Includes assessment, intervention and treatment

# OUTPATIENT MENTAL HEALTH AND ADDICTIONS

- Multidisciplinary team – Psychiatrists, Registered Nurses, Social Workers, Registered Psychotherapists, Occupational Therapist and Clerical

# OUTPATIENT MENTAL HEALTH AND ADDICTIONS

- Core programs and services:
  - Outpatient psychiatry clinic
  - Counselling and treatment
  - Psychotherapy – mental health, addiction/addiction significant other support, eating disorders, problem gambling

# OUTPATIENT MENTAL HEALTH AND ADDICTIONS

- Contact info:  
240 Grand Ave. West  
Suite 204  
519-351-6144

240 GRAND AVE. WEST, SUITE 100

## GERIATRIC MENTAL HEALTH OUTREACH TEAM (GMHOT)

- Goal of program is to enhance care of older adults who experience mental health problems
- Service provided to individuals 65 years of age or older
- Will see individuals between 60 and 65 with a confirmed diagnosis of dementia, accompanied by associated symptoms and behavioural concerns

## GERIATRIC MENTAL HEALTH OUTREACH TEAM (GMHOT)

- Conditions treated include, but are not limited to depression, anxiety, memory problems/cognitive changes (dementia), bipolar disorder, schizophrenia
- Care is provided in the community (client's homes, retirement homes, long term care homes or other places at request of clients)



# GERIATRIC MENTAL HEALTH OUTREACH TEAM (GMHOT)

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- Service provided to individuals 65 years of age or older
- Will see individuals between 60 and 65 with a confirmed diagnosis of dementia, accompanied by associated symptoms and behavioural concerns

## GERIATRIC MENTAL HEALTH OUTREACH TEAM (GMHOT)

- Multidisciplinary team consisting of Psychiatrist, Registered Nurses, Registered Practical Nurse, Social Worker, Occupational Therapist

# GERIATRIC MENTAL HEALTH OUTREACH TEAM (GMHOT)

- Contact info:  
240 Grand Ave. West  
Suite 100  
519-397-3791

321 ST. CLAIR ST.

## ASSERTIVE COMMUNITY TREATMENT

- Multidisciplinary team providing all the services available in hospital, in the community
- “Hospital on wheels”
- Team consists of Psychiatrists, Registered Nurses, Registered Practical Nurses, Social Workers, Therapeutic Recreationist, Occupational Therapist, Vocational Rehabilitation Specialist and Clerical

# ASSERTIVE COMMUNITY TREATMENT

- Designed for individuals with severe and persistent mental illness with increased hospitalizations and have been unsuccessful with traditional outpatient supports
- Expectation is that 80% of client contacts be in the community as opposed to in office

# ASSERTIVE COMMUNITY TREATMENT

- Services include, but are not limited to:
  - Symptom monitoring
  - Medication administration and monitoring
  - Support with activities of daily living
  - Therapeutic recreation activities
  - Therapeutic groups
  - Support with medical appointments etc.

# ASSERTIVE COMMUNITY TREATMENT

- Contact info:  
321 St. Clair St.  
519-355-0667



### **Chatham Site**

P.O. BOX 2030  
80 GRAND AVENUE WEST  
CHATHAM, ON N7M 5L9  
519.352.6400

### **Wallaceburg Site**

325 MARGARET AVENUE  
WALLACEBURG, ON N8A 2A7  
519.352.6400

[www.ckha.on.ca](http://www.ckha.on.ca)

