



**TRANSITION  
GROUP**

PAST · PRESENT · FUTURE



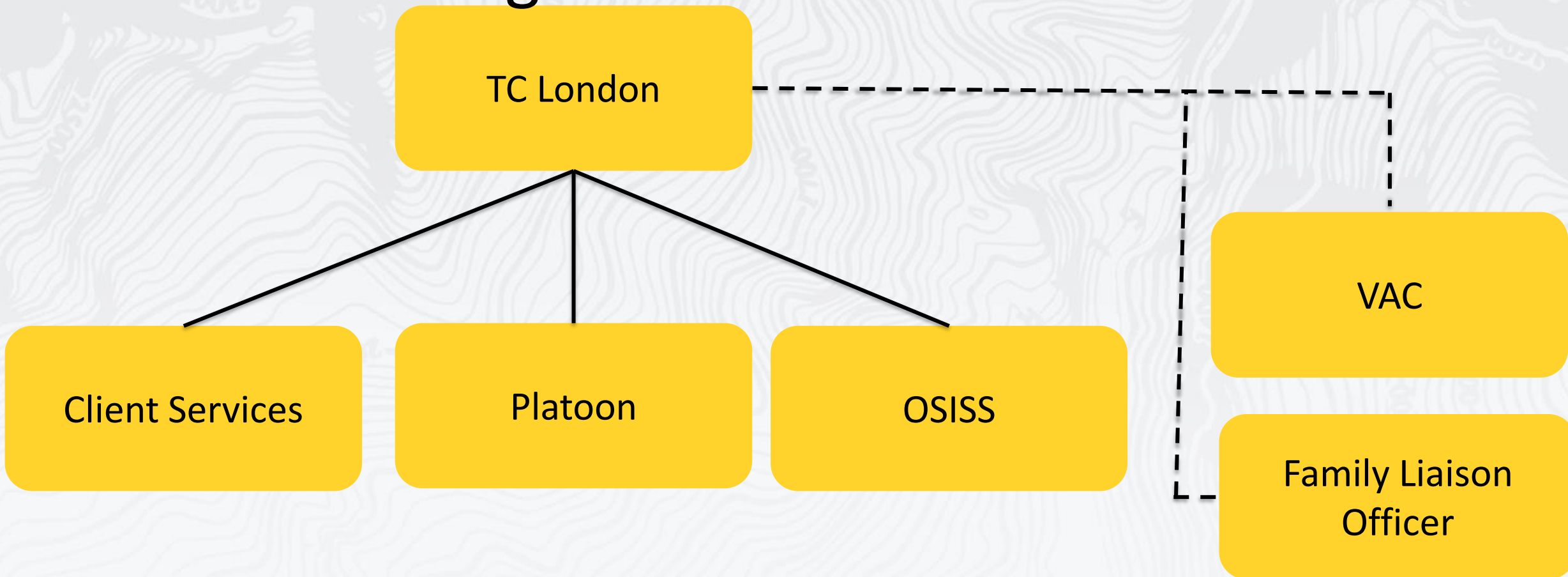
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# Transition Centre London London Respect Forum 21 March 2024



# TC London Organization





# Domains of Well-Being



Employment or  
other meaningful  
activity



Finances



Health



Life Skills &  
Preparedness



Social Integration



Housing &  
Physical  
Environment



Cultural &  
Social  
Environment

**Domains of Well-Being** are inter-dependent areas of consideration that form the foundation of criteria for a successful transition. The seven domains defined by CAF and VAC are:

- (1) Purpose/Employment or Other Meaningful Activity. Engaged in activities one finds beneficial and meaningful
- (2) Finances. Achieving financial security
- (3) Health. Functioning well physically, mentally, socially, and spiritually
- (4) Life Skills and Preparedness. The ability to adapt, manage and cope within civilian life
- (5) Social Integration. Maintaining mutually supportive relationships and being engaged in the community
- (6) Housing and Physical Environment. Living in safe, adequate and affordable housing
- (7) Culture and Social Environment. Being understood and valued by Canadians

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# TC London Contacts

- Officer Commanding – Captain Eric Hawn
- Platoon Warrant – Warrant Officer Scott Teather
- Service Advisor – Dawn Williams
- Transition Advisor – Roger Thomas
- OSISS Peer Support – Kevin Trites
- OSISS Family Support – Kaity Stephenson

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# Questions