Not all injuries are traumatic. Though it is important to consider how it may be traumatic.

Moral suffering has its roots in our concern for others and our intentions to bring beneficial outcomes, to relieve the pain and suffering of others, or to rectify an injustice. Simply, we feel moral pain or distress because we are human and have created social connections and are moved by our moral through our values.

Distress, Harm, and Impairment
What makes an experience potentially morally injurious is this idea that something about this event transgressed in some capacities your morals or values or ethics. This event can also occur where a person is the victim, a passive bystander, or the perpetrator. A large piece of moral injury or the effect of the potentially morally injurious event really seems to be around whether they are able to get the resources to support, to be able to manage, to resolve, and/or to integrate both the morally injurious experience and also their symptomology.

Future direction and questions
Greater clarity is needed regarding key definitions and operationalization. Exploration of the nuances between how MI is currently understood and how PSP understand their experiences is critical. Research which strongly engages PSP voices is needed to ensure that all relevant aspects of MI are captured. Finally, different PSP groups may need uniquely tailored programming and interventions.